

# SOCIAL MEDIA HELP SHEET *(April 2016)*

In this day and age, policing your child's involvement on Social Media is **SO** important. It is also very difficult. Many parents just don't know where to start. Here are a few things to get you started.

First, I want to say that their phone, laptop, tablet, gaming console, ipod, is yours. If they are not 18 years old and out of your house then it all belongs to you. Remember that when it comes to passwords. Whether there is a password to unlock the device of choice or to gain entry to a specific site, you should have all of their passwords. Following your child on a social media site is not enough. They have more than one account I assure you. Secondly, kids need rules and they need to know what can happen if they choose to use social media in an irresponsible way. Talk to your children about these things.

## General Usage

- Do not post something that you would not say to your parents or family members.
- Do not take photographs that would be considered criminal or that you would not show to your parents or friends.

## Photographs and Videos

- Do not take any revealing photographs of yourself.
- Do not send any questionable photograph to anyone.
- Do not video anything that would be considered a criminal act.

## Legal Consequences

- Revealing photographs could be considered pornography.
- If you receive a revealing photograph and share it with friends, criminal charges could be filed.
- Any video of a crime on a cell phone could be considered evidence and the cell phone seized (i.e. fight).

## Cyber Bullying

Grace's Law: Prohibiting a person from using an interactive computer service to maliciously engage in a specified course of conduct that inflicts serious emotional distress on a minor or places a minor in reasonable fear of death or serious bodily injury under specified circumstances.

This does not mean every mean thing is against the law. Continued harassing conduct is part of this.

## List of Websites to help Parents learn about the risks of Social Media:

1. The National Crime Prevention Center <http://www.ncpc.org/topics>
2. National Center for Missing and Exploited Children <http://www.netismartz.org/Parents>
3. Smart Safe Social <https://safesmartsocial.com/>
4. This can help with translations and decoding. It can be shocking and vulgar. <http://www.urbandictionary.com/>

## List of Apps you can download to devices to help monitor your child's activities online.

Some require a fee, some are free. Shop around and see what works best for your family. I don't endorse any over the others. Each family's needs are different.

1. <http://mamabearapp.com/>
2. <https://www.mymobilewatchdog.com/>
3. <http://www.teensafe.com/>
4. <https://screentimelabs.com/>
5. <https://kidslox.com/>
6. <https://parentkit.co/>
7. <https://onlinefamily.norton.com/familysafety/loginStart.fs>